



SKILL CARD

How to: BUY & STORE BEETS

Step 1:

Beets should feel firm and have no visible wrinkles.

Step 2:

Ideally buy with the greens attached, because they are also edible.

Step 3:

If you buy with greens, cut them off immediately when you get home because the greens tend to rob the beets of moisture (this goes for carrots and turnips, too).

