



SKILL CARD

How to: QUICK PICKLE BEETS

Step 1:

Prepare beets by peeling them and slicing them into matchstick size pieces (beware that this will be messy).



Step 2:

In a jar or re-sealable container, add equal parts boiling water and white vinegar and 1 teaspoon salt. Stir.

Step 3:

Add in cut beets.

Tip:

Get creative with flavors! Try adding thyme, black peppercorns, and/or chili flakes.

Step 4:

Store in the refrigerator. These will improve the longer they sit, so wait at least a couple of hours before eating.

